

Wettkampf 16 - 400m Freistil männlich**Jahrgang 2014**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Kischk, Jan Friedrich	2014	SG Bayer (Wuppertal)	06:14,88 100m: 01:27,80 (01:27,80) 200m: 03:05,18 (01:37,38) 300m: 04:42,42 (01:37,24) 400m: 06:14,88 (01:32,46)
2.	Itrib, Sami-Anas	2014	SV Rhenania Köln 1919	06:17,67 100m: 01:32,24 (01:32,24) 200m: 03:09,20 (01:36,96) 300m: 04:44,59 (01:35,39) 400m: 06:17,67 (01:33,08)
3.	Gurkov, Philipp	2014	SG Bayer (Wuppertal)	06:21,08 100m: 01:31,16 (01:31,16) 200m: 03:08,37 (01:37,21) 300m: 04:48,49 (01:40,12) 400m: 06:21,08 (01:32,59)
4.	Hirche, Bela	2014	SC Delphin Geldern	06:49,18 100m: 01:43,87 (01:43,87) 200m: 03:30,22 (01:46,35) 300m: 05:13,17 (01:42,95) 400m: 06:49,18 (01:36,01)
5.	Simon, Finn	2014	SG Bayer (Wuppertal)	06:50,40 100m: 01:34,19 (01:34,19) 200m: 03:21,48 (01:47,29) 300m: 05:10,27 (01:48,79) 400m: 06:50,40 (01:40,13)
6.	Küting, Valentin	2014	SG Bayer (Wuppertal)	06:50,53 100m: 01:38,90 (01:38,90) 200m: 03:26,19 (01:47,29) 300m: 05:13,14 (01:46,95) 400m: 06:50,53 (01:37,39)

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Ryvkin, Daniel	2013	SC Aqua Köln	05:18,86 100m: 01:16,53 (01:16,53) 200m: 02:38,63 (01:22,10) 300m: 04:00,38 (01:21,75) 400m: 05:18,86 (01:18,48)
2.	Basan, Ilia	2013	SG Bayer (Wuppertal)	06:06,35 100m: 01:26,89 (01:26,89) 200m: 03:00,14 (01:33,25) 300m: 04:34,69 (01:34,55) 400m: 06:06,35 (01:31,66)
3.	Lingnau, Louis	2013	SG Bayer (Wuppertal)	06:30,40 100m: 01:32,08 (01:32,08) 200m: 03:12,65 (01:40,57) 300m: 04:53,79 (01:41,14) 400m: 06:30,40 (01:36,61)
4.	Gelmel, Artöm	2013	SG Bayer (Wuppertal)	06:47,13 100m: 01:39,48 (01:39,48) 200m: 03:24,89 (01:45,41) 300m: 05:08,80 (01:43,91) 400m: 06:47,13 (01:38,33)
5.	Grundig, Lorenz	2013	SG WAGO 1950	07:14,01 100m: 01:35,74 (01:35,74) 200m: 03:28,70 (01:52,96) 300m: 05:23,75 (01:55,05) 400m: 07:14,01 (01:50,26)

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Beelen, Phil	2012	SG WAGO 1950	06:50,79 100m: 01:33,83 (01:33,83) 200m: 03:18,62 (01:44,79) 300m: 05:05,66 (01:47,04) 400m: 06:50,79 (01:45,13)

nicht am Start

Figge, Tim Leonard 2012 S.V. Bergisch Gladbach 1920/71 e.V.
Hausmann, Louis 2012 TB Wülfrath

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Dorsch, Jonas	2011	Wasserfreunde Wuppertal 1883 e.V.	05:49,86 100m: 01:21,19 (01:21,19) 200m: 02:52,28 (01:31,09) 300m: 04:22,95 (01:30,67) 400m: 05:49,86 (01:26,91)

nicht am Start

Croonenbrock, Jakob 2011 SC Delphin Geldern

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Hamdouch, Ilias	2010	SV Rhenania Köln 1919	04:31,32 100m: 01:04,89 (01:04,89) 200m: 02:12,79 (01:07,90) 300m: 03:22,73 (01:09,94) 400m: 04:31,32 (01:08,59)

noch Wettkampf 16 - 400m Freistil männlich
noch Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Nagel, Finn	2010	VFL Gladbeck 1921	04:39,55 100m: 01:05,92 (01:05,92) 200m: 02:17,24 (01:11,32) 300m: 03:29,61 (01:12,37) 400m: 04:39,55 (01:09,94)
3.	Bret, David	2010	SV Rhenania Köln 1919	05:01,87 100m: 01:10,78 (01:10,78) 200m: 02:28,44 (01:17,66) 300m: 03:46,21 (01:17,77) 400m: 05:01,87 (01:15,66)
4.	Nowak, Tobias	2010	SG Bayer (Uerdingen)	05:05,69 100m: 01:14,36 (01:14,36) 200m: 02:31,73 (01:17,37) 300m: 03:49,61 (01:17,88) 400m: 05:05,69 (01:16,08)
5.	Peters, Maximilian	2010	SG Bayer (Wuppertal)	05:11,95 100m: 01:14,69 (01:14,69) 200m: 02:35,69 (01:21,00) 300m: 03:55,25 (01:19,56) 400m: 05:11,95 (01:16,70)
6.	Rygol, Jakob	2010	TB Wülfrath	06:27,13 100m: 01:20,54 (01:20,54) 200m: 03:00,17 (01:39,63) 300m: 04:44,47 (01:44,30) 400m: 06:27,13 (01:42,66)
7.	Rehm, Julian	2010	TB Wülfrath	06:44,94 100m: 01:32,62 (01:32,62) 200m: 03:18,76 (01:46,14) 300m: 05:04,85 (01:46,09) 400m: 06:44,94 (01:40,09)
8.	Späth, Alexander	2010	TB Wülfrath	07:21,34 100m: 01:39,83 (01:39,83) 200m: 03:37,67 (01:57,84) 300m: 05:36,75 (01:59,08) 400m: 07:21,34 (01:44,59)
9.	Späth, Paul	2010	TB Wülfrath	07:21,96 100m: 01:40,03 (01:40,03) 200m: 03:35,24 (01:55,21) 300m: 05:31,55 (01:56,31) 400m: 07:21,96 (01:50,41)

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Klar, Christoph	2009	SG Bayer (Dormagen)	04:23,75 100m: 01:02,34 (01:02,34) 200m: 02:10,93 (01:08,59) 300m: 03:18,89 (01:07,96) 400m: 04:23,75 (01:04,86)
2.	Fritah, Raed	2009	SV Rhenania Köln 1919	04:43,41 100m: 01:07,00 (01:07,00) 200m: 02:18,56 (01:11,56) 300m: 03:30,03 (01:11,47) 400m: 04:43,41 (01:13,38)
3.	Golbeck, Ben	2009	S.V. Bergisch Gladbach 1920/71 e.V.	04:48,26 100m: 01:07,04 (01:07,04) 200m: 02:20,26 (01:13,22) 300m: 03:35,36 (01:15,10) 400m: 04:48,26 (01:12,90)
4.	Jühlstorff, Bent	2009	S.V. Bergisch Gladbach 1920/71 e.V.	05:11,71 100m: 01:11,70 (01:11,70) 200m: 02:32,67 (01:20,97) 300m: 03:53,85 (01:21,18) 400m: 05:11,71 (01:17,86)

nicht am Start

Dathe, Emil 2009 S.V. Bergisch Gladbach 1920/71 e.V.

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Bertram, Jan Mathis	2008	S.V. Bergisch Gladbach 1920/71 e.V.	04:31,61 100m: 01:04,07 (01:04,07) 200m: 02:13,11 (01:09,04) 300m: 03:23,81 (01:10,70) 400m: 04:31,61 (01:07,80)

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Falke, Max	2007	SG Bayer (Dormagen)	04:39,18 100m: 01:06,75 (01:06,75) 200m: 02:17,36 (01:10,61) 300m: 03:29,41 (01:12,05) 400m: 04:39,18 (01:09,77)
2.	Lobko, Alexej	2007	SC Aqua Köln	04:53,29 100m: 01:06,87 (01:06,87) 200m: 02:22,61 (01:15,74) 300m: 03:38,97 (01:16,36) 400m: 04:53,29 (01:14,32)

Jahrgang 2006 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Schmidt, Maxim	2006	SC Aqua Köln	04:55,28 100m: 01:08,98 (01:08,98) 200m: 02:25,65 (01:16,67) 300m: 03:42,09 (01:16,44) 400m: 04:55,28 (01:13,19)



noch Wettkampf 16 - 400m Freistil männlich

noch Jahrgang 2006 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Dogan, Ismail	2001	SC Solingen	08:25,71
100m: 02:00,22 (02:00,22) 200m: 04:11,30 (02:11,08) 300m: 06:19,29 (02:07,99) 400m: 08:25,71 (02:06,42)				

nicht am Start

Langel, Christian 2004 S.V. Bergisch Gladbach 1920/71 e.V.

Wuppertal, den 16.03.2024

Abschnittende: 17:09 Uhr

Protokollende: 17:11 Uhr

gez. Feldhaus, Markus
Schiedsrichter weiblich

gez. Heisterkamp, Sascha
Schiedsrichter männlich

gez. Staab, Sabine
Protokollführer